

LUNCH

\$4.50

1 entrée + 1 side +
fruit/veggie + milk
(or cup for water)

MEDEA CREEK Middle School

Fall 2014

MONDAY

- Southwestern Chopped Salad
- Crispy Soy Teriyaki Bowl
- Tony's Cheese Pizza
- Nutty* Sesame Noodles
- Cooling Hummus Wrap



TUESDAY

- Salad Bar w/ all the Fixin's
- Panino Italiano
- Pick Up Stix Chicken
- Penne Pasta Al Forno
- Crispy Falafel Wrap



WEDNESDAY

- Epic Greek Salad
- Kung Pao Sliders w/ Sweet Potato Fries
- Tony's Cheese Pizza
- Spicy Orange Chicken Bowl
- Cranberry Chicken Salad Sandwich

THURSDAY

- Classic Caesar Salad w/ Chicken
- Sweet & Savory Sushi Rice Bowl
- Chicken Stir-Fry w/ a Kick
- Hearty Spaghetti Marinara
- Better-than-Tuna Sandwich

FRIDAY

- Refreshing Asian Chicken Salad
- Fiery Chipotle Sofritas Burrito
- The Original Yumm! Bowl
- Tony's Cheese Pizza
- Hail Caesar Chicken Wrap

SIDES

Garden Salad
Veggie Sticks
Sweet Potato Fries
Fruit
String Cheese
Macaroni Salad
Salted Edamame

* Made with nut-free,
soy-based WOWButter

Menu subject to change without notice